

A guide for talking to your doctor about low-grade serous ovarian cancer (LGSOC)

If you find starting a conversation with your doctor about LGSOC is hard, you're not alone. You've probably been given a lot of information about your cancer and treatment and may not know where to start.

This guide is designed to provide you with helpful questions to start a conversation with your doctor and help you get the important answers you need.

If you think you may have LGSOC, consider asking:

- What is low-grade serous ovarian cancer?
- What are the signs and symptoms of LGSOC?
- What are the risk factors associated with LGSOC?
- What tests and scans should be considered to make an LGSOC diagnosis?
- Is there a specific type of doctor who treats LGSOC? How do I find a specialist to discuss treatment options?

If you have been diagnosed with LGSOC, consider asking:

- What is the stage of my cancer? Has it spread from the ovaries? If so, where?
- Does my cancer have a genetic mutation? What is my mutation status?
- What are the treatment options available for LGSOC? Are there any newer treatment options?
- What are the risks and benefits of each treatment?
- What are the side effects of my recommended treatment and how can we manage them?
- How will LGSOC or treatment impact my physical, mental, and emotional health?
- What support options are available for people with LGSOC?
- How will LGSOC or treatment affect fertility, menopause, and sexual health?
- What kinds of specialists should I consult with? Are there hospitals or medical centers that specialize in LGSOC treatment?
- What is the risk of recurrence for LGSOC?
- What are the symptoms of recurrence?
- What testing and follow-ups are recommended to monitor for recurrence?

If your LGSOC has recurred, consider asking:

- What are my treatment options for recurrent LGSOC?
- What is the expected outcome of treatment following recurrence?
- Will genetic testing help decide what treatment options are available to me?
- Am I eligible for any newer treatments or clinical trials for patients with recurrent LGSOC?
- How will my recurrence affect my quality of life?
- What additional support is offered for patients and caregivers?